



# **Council for Youth Development**

*Bartholomew County*





# What is the Council for Youth Development?

## MISSION

The Council for Youth Development is a cross-sector coalition that aligns efforts to advance a culture of positive youth development in Bartholomew County.

## VISION

Every young person in Bartholomew County is **healthy, safe, educated, engaged, and supported.**

## GUIDING PRINCIPLES FOR POSITIVE YOUTH DEVELOPMENT

### Youth-Centered

“Treat me with respect and allow my voice to be heard”

### Asset-Based

“Help me build on my strengths and encourage me to keep getting better”

### Equity-Focused

“Support me with what I need to achieve my potential”

### Culturally-Competent

“Show me that I belong and respect me for who I am”

### Proactively-Supportive

“Help me achieve my goals”

### Community-Engaged

“Connect me with people and places in the community”

### Measured-Achievement

“My life outcomes are improved”



## OUR VISION

Every young person in Bartholomew County is healthy, safe, educated, engaged, and supported.

## OUR CONCERNS



The neighborhood where a child is born may have a **poverty rate that is 42% higher** than the neighborhood next door\*.



The **median household income** in one neighborhood may be as much as \$66,000 higher than another\*.



A child born in one neighborhood will **live 17.3 years longer**, on average, than a child born in a different part of the community\*\*.

**HOW WE CREATE CHANGE TOGETHER** While Bartholomew County has made great strides to support our youth and families, challenges remain for many local children, teens, and young adults. The Theory of Change process, along with best practice in the field of positive youth development and health equity, has reinforced CYD's commitment to address the social determinants of health through an asset-based and trauma-responsive lens. Together, we are committed to finding creative solutions in order to remove barriers and provide equitable opportunities so that every young person has the resources and support they need to thrive.

## GOALS

- **INCREASE AWARENESS** of youth mental health and family well-being throughout Bartholomew County.
- **IMPROVE EQUITABLE ACCESS** to youth empowerment, family engagement, and professional development opportunities for Bartholomew County residents.
- **INCREASE LEADERSHIP & VOICE** by supporting youth, parenting adults and professionals through initiatives that promote building Developmental Assets and encouraging Developmental Relationships to strengthen resilience in all Bartholomew County youth.

## APPROACH



## OUTCOMES

- ★ **YOUTH ARE RESILIENT AND ENGAGED**
- ✚ **FAMILY RELATIONSHIPS ARE STRENGTHENED**
- 👤 **PROFESSIONALS ARE PREPARED AND SUPPORTED**
- 👥 **COMMUNITY PARTNERS ARE MOBILIZED**

## YOUTH DEVELOPMENT INDEX

[Click here to learn more about the key indicators we track to measure community progress](#)

### HEALTHY

Suicide Ideation  
Substance Misuse  
Teen Pregnancy  
Youth Suicide

### SAFE

Children in Need of Services  
Juvenile Justice Referrals  
Infant and Child Mortality

### EDUCATED

Kindergarten Retention  
Work Ethic Certificate  
High School Diploma  
Post Secondary Attainment

### ENGAGED

School Attendance  
Involvement in Outside Activity  
Active in the Community

### SUPPORTED

Access to Mental Health Services  
Caring Adult in Life  
Perception that Community Cares





Steering Committee - 12 members

Guiding Team - 7 members

Workgroup Chairs - 2

Full-Time Staff - 1

Part-Time Staff - 3

Fiscal Agent & 501c3 - Foundation for Youth





## Non-Profit

- Foundation for Youth
- Indiana Afterschool Network
- Indiana Youth Institute
- Lincoln-Central Neighborhood Family Center

## Community

- Bartholomew County Substance Abuse Council
- Early Learning Coalition
- Purdue Extension
- Heritage Fund

## Business

- Cummins, Inc.
- Dorel Industries
- Faurecia
- Viewpoint Books



## Health

- Centerstone
- Clarity Pregnancy Center
- Family Service, Inc.
- Columbus Regional Health

## Education

- BCSC
- FRHC
- Family School Partners
- Ivy Tech Community College

## Government

- Bartholomew County Juvenile Probation
- Bartholomew County Youth Services Center





In 2022, CYD had 133 partners in 6 sectors

## Network - Supporting the Work

- Receive monthly CYD Newsletter

## Foundational - Guiding the Work

- MOU
- Representative serves on Steering Committee, Guiding Team, Workgroup and/or attends CYD Open Meetings
- Complete annual partner survey
- Data sharing

## Coalition - Advancing the Work

- Attend CYD Open Meetings
- Complete annual partner survey
- Contribute to programming - staff participation or funding investment





**WANT ALL THE DETAILS?**

CYD Theory of Change & Vision  
2025 Youth Master Plan are  
available for download at

[www.cydbartholomew.org](http://www.cydbartholomew.org)







## Developmental Assets

Search Institute has identified 40 positive supports and strengths that young people need to succeed. Half of the assets focus on the relationships and opportunities they need in their families, schools, and communities (external assets). The remaining assets focus on the social-emotional strengths, values, and commitments that are nurtured within young people (internal assets).

*The positive values, relationships, skills, and experiences that help children and teens thrive.*



## Developmental Relationships

*The close connections through which young people discover who they are and cultivate abilities to share their own lives.*





## CYD INITIATIVES

### YOUTH EMPOWERMENT



### FAMILY ENGAGEMENT

Bartholomew County Wellness Directory		
Your health and wellbeing are important. Before you call for services and resources for you and your family in Bartholomew County, if you or someone you care about is struggling, call your primary care provider first. The community resources available in this directory work in partnership with the Department of Health and Human Services.		
<b>SAFETY</b> You and your family are safe. If you are in danger, call 911.	<b>Bartholomew County Sheriff's Department</b> 215-333-1200 24-hour dispatch: 911 Criminal Justice Department 215-333-1200 Police Department 215-333-1200 Police Department 215-333-1200 Police Department 215-333-1200	<b>Turning Point Domestic Violence Services</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Safe Haven 215-333-1200 24-hour hotline: 1-800-251-1411 Safe Haven 215-333-1200 24-hour hotline: 1-800-251-1411
<b>MENTAL HEALTH</b> You and your family are safe. If you are in danger, call 911.	<b>Family Services, Inc.</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411	<b>Community Resources - Counseling</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411
<b>SUBSTANCE ABUSE</b> You and your family are safe. If you are in danger, call 911.	<b>Alcoholics Anonymous</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411	<b>SAHSA's National Helpline</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411
<b>PUBLIC HEALTH</b> You and your family are safe. If you are in danger, call 911.	<b>Bartholomew County Department of Health</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411	<b>Indiana Department of Health</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411
<b>HOUSING, UTILITIES, &amp; FOOD ASSISTANCE</b> You and your family are safe. If you are in danger, call 911.	<b>Search Institute</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411	<b>ACE Interface</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411
<b>MEAL SITES</b> You and your family are safe. If you are in danger, call 911.	<b>Bartholomew County Department of Health</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411	<b>Indiana Department of Health</b> 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411 Crisis Helpline 215-333-1200 24-hour hotline: 1-800-251-1411

### PROFESSIONAL DEVELOPMENT



Search  
INSTITUTE

ACE Interface

INDIANA  
YOUTH  
INSTITUTE  
Championing Kids. Strengthening Communities.

INDIANA  
Afterschool  
NETWORK





**2022 CYD YOUTH  
AMBASSADORS**

## **The YOUTH AMBASSADORS**

**PROGRAM** is designed to engage a diverse group of teenagers to develop their leadership skills, unique talents, and use their voice to impact their community. Youth Ambassadors participate in TOP Program lessons from The Wyman Center.

## **MENTAL HEALTH FIRST AID**

**TRAINING FOR TEENS.** Teen Mental Health First Aid (tMHFA) teaches teens in grades 10-12, or ages 15-18, how to identify, understand, and respond to signs of mental health and substance use challenges among their friends and peers.

## **TIM GREEN**

Youth Empowerment Coordinator



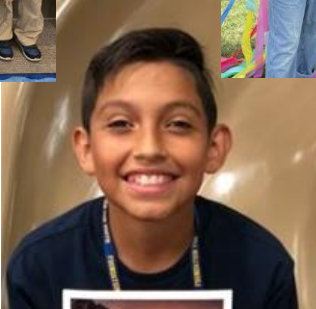


## YOUTH EMPOWERMENT

**YOUTH EMPOWERMENT SUMMIT:** This is an event that continues to grow and expand. Students who attend are encouraged to build their leadership skills and better understand how to advance belonging.

**SHINE ON POSTCARDS:** Shine On is an annual campaign to celebrate United Nations International Youth Day. Student artists submit designs interpreting the theme “shine on” then four are selected for print and delivered around the community. To date, over 40,000 Shine On postcards have been distributed.

**SPARK SPIRIT WEEK:** The purpose of Spark Spirit Week is to encourage Bartholomew County youth to explore their interests and start discovering their sparks.







## PROFESSIONAL DEVELOPMENT



**ALLISON STIDAM**  
Professional Development Coordinator



**KATE SLABOSKY**  
Professional Development Specialist



## Workgroup Initiatives

### Understanding Adverse Childhood Experiences (ACEs) Community Workshop

- Co-facilitated by Chuck Kime (FFY) & Kate Slabosky (CYD)
- ACE Interface presentation outlines ACE research findings and implications





## Workgroup Initiatives



### WHY YOUTH MENTAL HEALTH FIRST AID?

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support.

**1 IN 5**

teens and young adults  
live with a mental  
health condition.

Source: National Alliance for  
Mental Illness

**50%**

of all mental illnesses  
begin by age 14, and  
75% by the mid-20s.

Source: Archives of General  
Psychiatry

**52.4%**

of Indiana youth with a  
mental health or  
behavioral condition did  
not receive treatment or  
counseling in 2019-20.

Source: National Survey of  
Children's Health

**35%**

of Bartholomew County  
teens reported having  
felt sad or hopeless for 2  
or more weeks in a row.

Source: Indiana Youth  
Survey, Bartholomew County  
Report 2020

**18%**

of Bartholomew County  
teens reported having  
seriously considered  
suicide.

Source: Indiana Youth  
Survey, Bartholomew County  
Report 2020

### FREE for a limited time

for those who work/volunteer/live in Bartholomew County  
Out-of-county participants will be charged a **reduced fee of \$23.95**.  
Course is valued at \$170. Some fees have been covered by an FSSA DHMA Stop the Stigma Grant.

**Instructor-led, in-person session**  
**Tuesday, February 28th**  
**9:00 am - 3:30 pm**

**Columbus Learning Center**  
4555 Central Avenue Columbus, IN 47203  
**Spaces are limited and registration is required.**

Youth Mental Health First Aid Training requires a 2-hour,  
self-paced, interactive online course **PRIOR** to your  
in-person, instructor-led training. All information and link to  
this online course will be sent via email from MHFA  
Connect once you have been registered.

SCAN CODE  
FOR MORE  
DETAILS AND  
TO REGISTER



To learn more about this evidence-based program, visit [MHFA.org](https://mhfa.org).

- Teaches caring adults how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.
- Offered monthly
- Free of charge

Youth Mental Health First Aid is  
brought to Bartholomew County by





# Youth Development Index (YDI)

## YOUTH DEVELOPMENT INDEX 2021

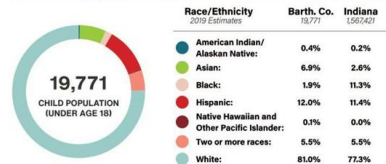
### WHAT IS THE YOUTH DEVELOPMENT INDEX?

Addressing barriers our youth face requires a deeper dive into county level data highlighting what young people experience, the choices they make, and the perceptions they share. The Council for Youth Development's Youth Development Index (YDI) provides these insights for Bartholomew County.

The coalition's YDI aggregates data specific to our local residents and measures key indicators prioritized in our county's Youth Master Plan. This advocacy tool provides comparative data revealing areas where investment continues to be needed in order to ensure positive youth development for every young person in our community.

Additional YDI data is available to explore and download on the CYD website. Visit [www.cydbartholomew.org/ydi-overview](http://www.cydbartholomew.org/ydi-overview) to navigate all indicators in more detail.

### BARTHOLOMEW COUNTY YOUTH POPULATION



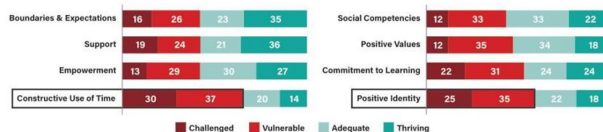
Source: Indiana Kids Count® Data Book (2021) Bartholomew County Snapshot from U.S. Census Bureau (2019) Table B01001A, American Community Survey Table S0101 5-Year Estimate

### YOUTH PERCEPTION

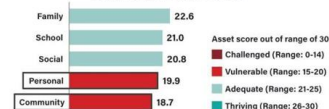
Learn more at [www.cydbartholomew.org/youth-perception](http://www.cydbartholomew.org/youth-perception)

Search Institute's Developmental Assets Profile (DAP) survey is a widely used instrument for measuring the internal strengths and external supports that influence a youth's success in life. The DAP survey reflects youth perspectives across several contexts of their lives: personal, peers, family, school, and community.

#### SCORE DISTRIBUTION OF DEVELOPMENTAL ASSETS® (PERCENTAGE FOR EACH CATEGORY)



#### MEAN SCORES FOR FIVE CONTEXTS FOR BUILDING DEVELOPMENTAL ASSETS®



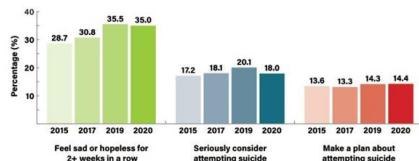
Source: Developmental Assets Profile Survey, BCSC (2018)

### MENTAL HEALTH

Learn more at [www.cydbartholomew.org/mental-health](http://www.cydbartholomew.org/mental-health)

#### STUDENT MENTAL HEALTH IN THE PAST TWELVE MONTHS

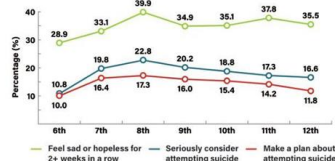
Percentage of students that answered 'Yes' to questions related to suicidal ideation (Average of 6th-12th grade responses by year)



Source: Indiana Youth Survey Bartholomew County Reports (2015-2020) \*

#### STUDENT MENTAL HEALTH IN THE PAST TWELVE MONTHS IN 2020

Percentage of students that answered 'Yes' to questions related to suicidal ideation by grade



Source: Indiana Youth Survey Bartholomew County Reports (2015-2020) \*

#### YOUTH DEATH BY SUICIDE

The Bartholomew County Coroner's Office investigated

**ZERO**

deaths of residents under the age of 18 in 2020.

Between 2015-2020, there were a total of five youth deaths by suicide in Bartholomew County.

Source: Office of the Coroner of Bartholomew County Report

\* Indiana Youth Survey Bartholomew County was conducted January through March 2020. Report published August 2020.

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## Purpose:

To generate high-quality, actionable data for schools and community stakeholders to advance a shared vision of young people's success in Bartholomew County.

To build evidence of the empirical association between well-being and ACEs.

Establish “proof of concept” for an international initiative to promote well-being and thriving by buffering the negative effects of ACEs through building assets and relationships.



Flat Rock-Hawcreek School Corporation  
Creating the Best Learning Experience for All





Youth perceptions and experiences of:

- ❑ **Developmental Assets** (External; Internal; Contexts)
- ❑ **Relationships** (Developmental Relationships; Commitment to Inclusion)
- ❑ **Experiences** (Bias or Discrimination; COVID Effects; Adverse Childhood Experiences)
- ❑ **Outcomes** (Social-Emotional Competence; Academic Motivation; GPA; Academic Self-Efficacy)



**6,206 Students Completed Survey**

**Grades 4-12**

**BCSC and FRHC**

**September 6-9, 2022**

**Optional Opportunity**

**45 - 50 Minutes In Classroom**

**Student Support & Resources Available**

## **MODULES**

### Grades 4-12

Developmental Assets\*

Developmental Relationships

Developmental Outcomes and Academic Motivation

Experience of Bias and Belonging

Effects of COVID-19

### Additional Questions for Grades 9-12 Only

Adverse Childhood Experiences\*\*

\*Developmental Assets module replicates questions answered on DAP 2018 Survey.

\*\*Some mature questions only accessible to students ages 18 and older in the ACEs module.



# 6,206 Students

\*Grades 4-12: similar participation across grade levels

\*78% participation rate

Subgroup	%
Girl	46%
Boy	46%
Self-Described	8%

Black	2%
American Indian	1%
Asian	4%
Hispanic/Latino	12%
Native Hawaiian	0%
White	63%
Other	4%
Multiracial	13%



## Additional demographic questions.

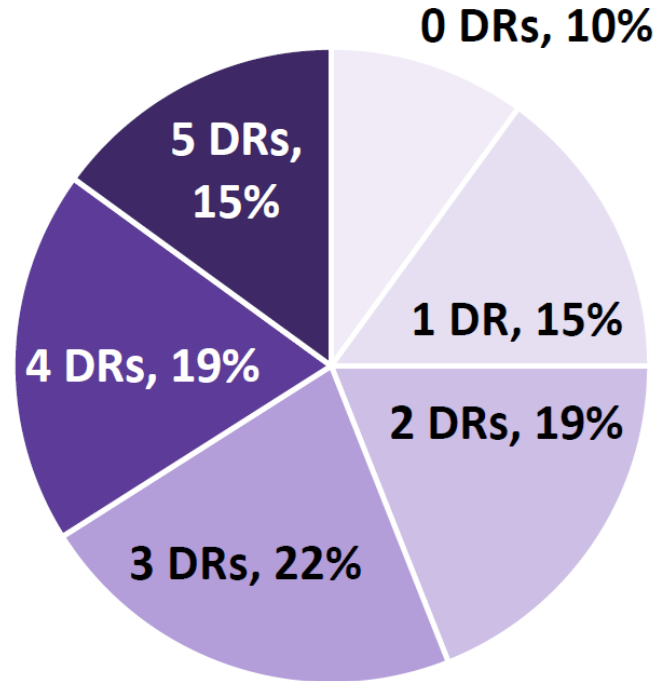
\*Orientation questions were optional and limited to high school students.

Subgroup	%
Moderate or high financial strain	8%
Some financial strain	33%
No perceived financial strain	59%

Straight*	77%
Gay/Lesbian*	3%
Bisexual*	10%
Self-Described*	5%
Preferred not to respond*	5%

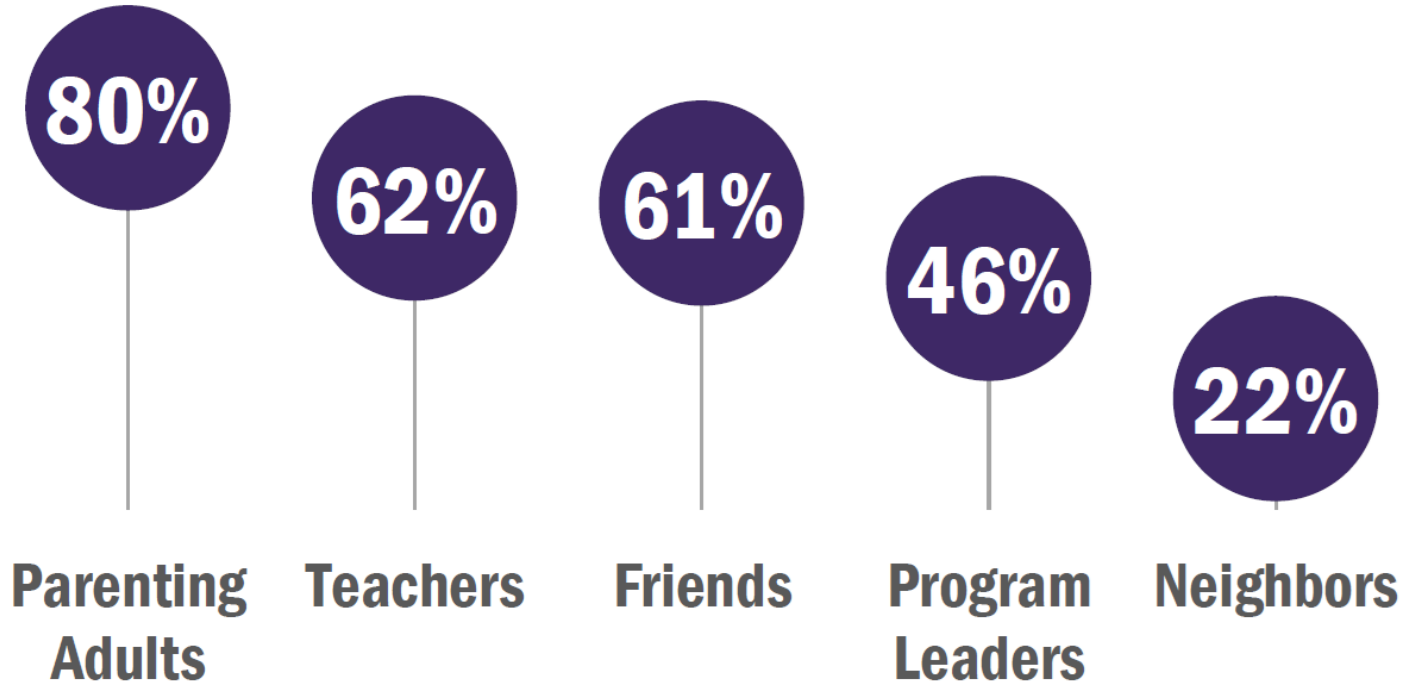


## Number of Developmental Relationships Experienced in Total by Students:





## Percent of Students with Developmental Relationships across Relational Targets:





## Here is what the average experience of ACEs looked like:

- Overall, teens experienced between 2-3 ACEs (33% had 0 ACEs).
- This varied by gender. Girls were closer to 3 ACEs, and boys were closer to 2 ACEs. With nonbinary students, this jumped to over 4.
- The experiences did not vary significantly across race/ethnicity, except for teens who selected more than one race. This group of teens experienced 3 ACEs, on average compared to ~2 for other groups.
- High financial strain typically reflected higher ACEs experiences (nearly 7 ACEs compared to less than 2 for low financial strain)
- Straight students experienced 2 ACEs, on average. This increased to over 4 ACEs if the teen identified as gay/lesbian or bisexual.



# STAY CONNECTED WITH COUNCIL FOR YOUTH DEVELOPMENT

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our newsletters!



Engage your teens!



@cydteens on Instagram

Follow us on the web!

[www.cydbartholomew.org](http://www.cydbartholomew.org)



@cydbartholomew