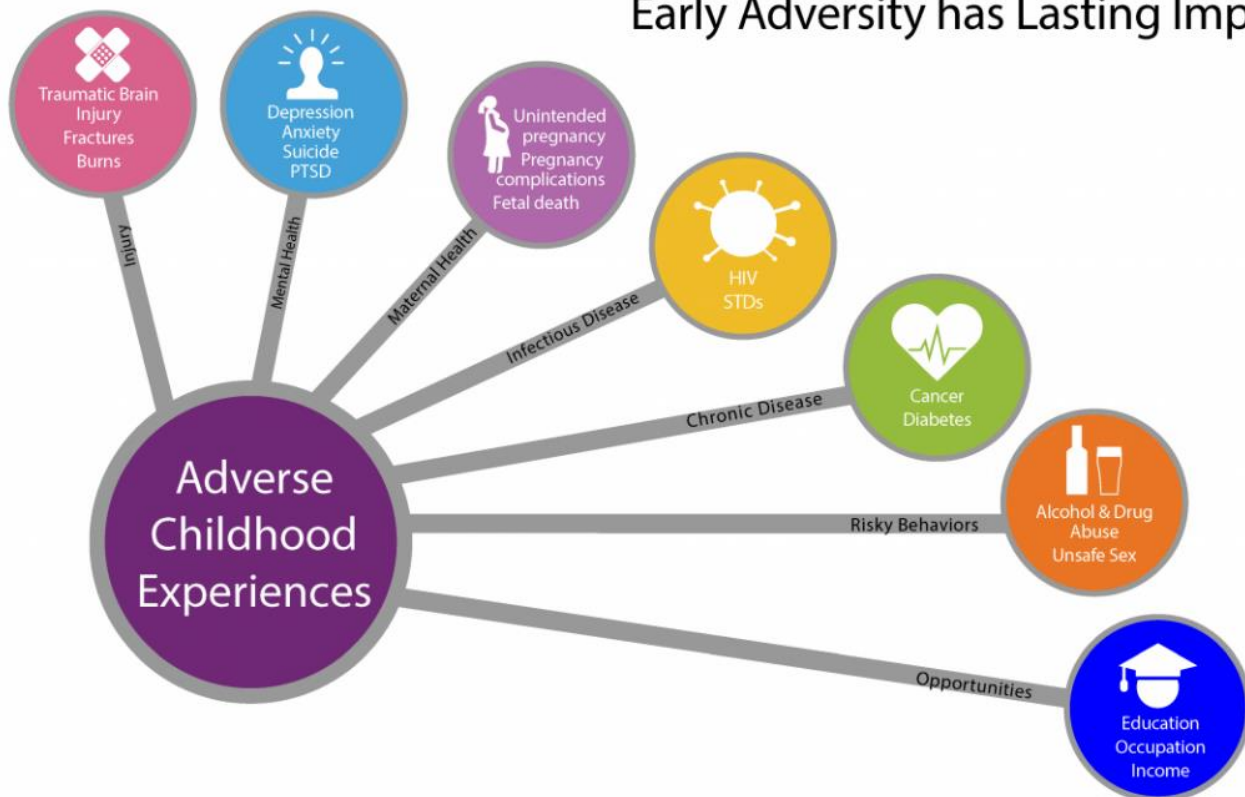




The Thrive OC logo represents our commitment to whole person health— which begins with healthy brain development—through the prevention of adverse childhood experiences (ACEs) and the promotion of **RESILIENCE**.

Groundbreaking research conducted by the Centers for Disease Control and Prevention (CDC) and Kaiser Permanente asked study participants about *10 types of Adverse Childhood Experiences (ACEs) encompassing abuse, neglect, and household dysfunction*. Researchers correlated the results with participant health and social histories. The study revealed that ACEs are common. The results linked an ACE score of four or higher to over 40 negative health and behavioral outcomes.

Early Adversity has Lasting Impacts



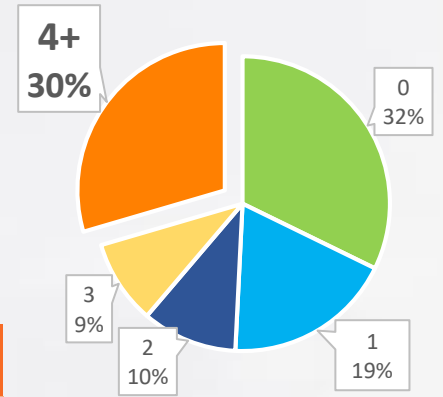
In November 2018, a small group of **Orange County** school teachers and health care workers began to have conversations about **Adverse Childhood Experiences (ACEs)**. In their workplaces, they could see the impact of childhood trauma. The local grassroots conversation evolved into Thrive Orange County—a steering committee operating under Southern Indiana Community Health Care (SICHC). SICHC is a 501(c)3 established in Orange County in 1975. As a rural health center, SICHC viewed Thrive Orange County as an opportunity to move outside the walls of their clinics to improve community health and well-being.

Thrive Orange County is a growing data-driven multi-stakeholder coalition committed to creating a safe, stable, nurturing community for all. The coalition focuses on increasing community awareness of ACEs, advocating for the adoption of trauma-informed practices, implementing evidence-based and evidence-informed interventions to prevent ACEs and cultivate resilience. Another fundamental area of focus is data gathering. Significant findings emerged when ACE scores were anonymously reported by over 1,000 Orange County students in grades 7 through 12.

“IF YOU WANT TO GET LASER FOCUSED ON WHETHER OR NOT YOU HAVE A PROBLEM COLLECT THE ADVERSE CHILDHOOD EXPERIENCES SCORES ON 7TH THROUGH 12TH GRADERS. THEY’RE THE FUTURE OF YOUR COMMUNITY.”

DOMINIC CAPPELLO, CO-AUTHOR
 ANNA, AGE EIGHT
 THE DATA-DRIVEN PREVENTION OF CHILDHOOD
 TRAUMA AND MALTREATMENT

Orange County, IN
 Adolescent Reported ACE
 Scores
 Grades 7-12



Student ACE Survey Questions

Count %

1. Did a parent or other adult in the household often ... Swear at you, insult you, put you down, or humiliate you? or Act in a way that made you afraid that you might be physically hurt?	356	31.0%
2. Did a parent or other adult in the household often ... Push, grab, slap, or throw something at you? or Ever hit you so hard that you had marks or were injured?	198	17.2%
3. Did an adult or person at least 5 years older than you ever... Touch or fondle you or have you touch their body in a sexual way? or Try to or actually have oral, anal, or vaginal sex with you?	94	8.2%
4. Did you often feel that ... No one in your family loved you or thought you were important or special? or Your family didn't look out for each other, feel close to each other, or support each other?	299	26.0%
5. Did you often feel that ...You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you? Or Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?	113	9.8%
6. Were your parents ever separated or divorced?	599	52.2%
7. Was your mother, stepmother, female caregiver: Often pushed, grabbed, slapped, or had something thrown at her? or Sometimes or often kicked, bitten, hit with a fist, or hit with something hard? or Ever repeatedly hit over at least a few minutes or threatened with a gun or knife?	190	16.6%
8. Did you live with anyone who was a problem drinker/alcoholic or who used street drugs or prescription drugs inappropriately?	304	26.5%
9. Was a household member depressed or mentally ill or did a household member attempt suicide?	349	30.4%
10. Did a household member go to jail or prison?	330	28.7%

Orange County ACE Scores ≥ 4 EXCEED RURAL AND URBAN NATIONAL AVERAGES.
 These students have **12X** greater risk for attempting suicide, **8X** higher risk for alcoholism, and **10X** greater risk for injecting drugs.

2020 Orange County State Rankings as Reported by the Indiana Youth Institute and Identified by the CDC as Factors Impacting Healthy Child Brain Development

4 th highest teen birth rate (ages 15-17)	6 th highest rate of mothers who reported smoking during pregnancy	11 th highest rate of children in need of services (CHINS)
14 th highest rate of food insecure children	16 th highest rate of single parent families	17 th highest rate of children in poverty
23 rd highest rate for children in need of services	36 th highest rate of child abuse and neglect	80 th in access to high-quality early childhood care and education programs

**"The good news is that ACEs are treatable, and preventable."
Yolanda Yoder, MD, SICHC Family Physician**

Coalition members and community, regional, and statewide partners have achieved the following results.

Handle with Care: A county wide collaboration between school districts, the sheriff's department, and town police departments to notify schools when a member of a student's household is involved with law enforcement and the student may have experienced trauma as a result.

Mindfulness Program: First graders at Throop Elementary and Orleans Elementary have participated in pilot projects designed to help students self-regulate their stress response systems.

Collection of student ACE scores at Orleans and Springs Valley Jr.-Sr. High Schools in the Spring of 2019, and Paoli students in January of 2020.

Thrive OC became an Indiana Youth Institute (IYI) county partner and hosted a screening of the Resilience film that included a panel discussion during a Youth Worker Café (YWC) in June 2019. The event set an Orange County IYI YWC attendance record.

Community survey data was collected to identify community norms and measure barriers and stigma associated with seeking care or treatment for a substance use disorder, or a mental health condition.

A community strategic planning event was held to prioritize interventions to prevent ACEs and/or promote resilience. Creating a county-wide youth mentoring program was chosen by participants as the top priority.

In collaboration with Indiana University, Thrive OC convened a meeting of community stakeholders to explore the interest of representatives from the three county school districts (superintendents, counselors/social workers, school board presidents, and PTO representatives), the faith-based community, SICHC family medicine physicians, and Thrive OC members in offering sexual assault prevention programs in Orange County. The outcome was the launch of Healthy Relationships and Social Media pilot programs at Orleans Elementary and Mt. Lebanon United Methodist Church.

Mentoring Advisory Council: Work on a county-wide mentoring program is underway with assistance from an Indiana Youth Institute consultant. Partial program funding (\$75,000) was recently received from the IN Dept. of Education via a Youth Assistance Program (YAP) grant.

Project UNITE: Through the generosity of the IU CRE, Project UNITE recently received funding to expand into Orange County. The program will create evidence-based opportunities to reduce the high rate of teen pregnancy in Orange County using community input from parents, the faith-based community, and schools.

Early Childhood Advisory Council: Improving access to quality early childhood education is a high priority for Thrive OC. After recently receiving a Family and Social Services Administration IN On My Way Pre K capacity building grant—with the Orange County Community Foundation serving as the Fiscal Agent—the ECAC is in the process of being established. Administration from all three area elementary schools are in the early stages of developing PreK programs which the CDC endorses as an intervention to lower the incidence of child maltreatment. Orange County has been identified by the state as an early childhood education desert.

Miss Kendra Program: A norms change curriculum will be integrated at Springs Valley Elementary School in Fall 2020. Springs Valley United Methodist Parish, HealthLinc, and The Tony Bennett Foundation provided funding.

Beyond the Bottom Line: Coming April 23, 2020—a one-day Thrive Orange County ACEs and Resilience conference. The OCCF is the fiscal sponsor in collaboration with these event partners: OCEDP, WorkOne, and SICHC. Register for the event at the following link: at <https://octhrives.eventbrite.com>

Beyond the Bottom Line

Today's Children . . . Tomorrow's Thriving County

A Data-Driven ACEs and Resilience Conference

Thursday, April 23rd, 8AM to 4 PM

Orange County Community Center

Registration Deadline: April 2nd

For program information, and to register for this free event, go to: <https://octhrives.eventbrite.com>

Fiscal Sponsor: Orange County Community Foundation

Current and Future Thrive Orange County Goals

Current Fundraising Goals:

- \$430,000 to launch county-wide mentoring program
- \$15,000 supplemental funding for preschool programs at Orleans, Paoli, and Springs Valley
- \$10,000 to expand school-based mindfulness and trauma-informed movement programs at Orleans and Paoli Community Schools.

Continue support for the development and implementation of county-wide TI-ROSC (Trauma-Informed Recovery-Oriented System of Care)

Identify support to launch community norms change campaigns to:

1. Reduce the stigma associated with accessing services for substance use disorders and mental health challenges
2. Reduce the incidence of ACEs and promote resilience

Focus on Thrive Phase II community partnerships and gap analysis (rate services as very accessible/accessible/not very accessible/not accessible)—and funding if needed—for the following Surviving and Thriving initiatives:

Surviving	Thriving
Mental Health	Parent Supports
Medical and Dental Care	Early Childhood Learning
Housing	Family-Centered Schools
Food	Youth Mentors
Transportation	Job Training/Education/Employer Engagement

Community Coalition Partners



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